

PACIFIC MARINE CIRCLE ROUTE

the West Coast's west coast

Cowichan to Port Renfrew

100.8KM / 62.2MILES - 1 hr 51 min

No trip to this part of the world would be complete without at least one chance to hike among the impressive forests of our coast. The journey from Cowichan Bay to Port Renfrew provides more than a few chances to do just that – Maple Mountain, Port Renfrew, and the ancient forests of Avatar Grove to name a few.



THINGS TO DO

Go whale watching with **Ocean Ecoventures** in Cowichan Bay, Discover the history of 40+ totems in Duncan with a self-guided **Totem Walking Tour** and load up on fresh and seasonal fare at the **Duncan Farmers Market**. Visit birds of prey at the **Pacific Northwest Raptors**, explore **Westholme Tea Farm** and then float down the **Cowichan River** in a tube. In Port Renfrew, search for marine wildlife with **Orca Spirit**, explore **Botanical Beach**, teeming with intertidal marine life, or hike **Avatar Grove**, home to “Canada’s Gnarliest Tree”.



WHERE TO EAT

Pick out a bottle of wine from Cowichan Valley before you depart, to savour after a day of adventures. Indulge in farm-to-table fare at the **Farm Table Inn** after a day on the **Cowichan River** or grab a picnic to take along on your next adventure. Gather at **The Renfrew Pub** for elevated pub fare and patio beers, or perhaps **Carmanah Pizza** or **Jakes on the Lake**. On the way in and out of town, stop at the **Coastal Kitchen Café** for fresh coffee, sandwiches and other tasty to-go items.



WHERE TO STAY

Wild Renfrew offers a mixture of accommodation options, from budget-friendly lodging at the Wild Renfrew Lodge to luxurious seaside cottages. **Handsome Dan’s** offers seaside accommodation in quaint cottages.